

MAKING THE DECISION, CARING FOR YOUR LOVED ONE AT HOME OR IN A FACILITY

If your loved one is living with dementia and you are struggling with the decision as to whether it is better to care for them at home or to place them in a dementia care facility, we know that it is a difficult and emotional decision for you. We have put together some comparisons that will help you make the best decision for you and your loved ones, which we hope will put your mind at rest.

THEIR HEALTH AND SAFETY IS FIRST PRIORITY

A person with dementia needs almost round the clock care and if you are not trained you may not recognise the subtle symptoms of ill health in your loved one. In a dementia care facility like Livewell there is a nursing team that keeps a close eye on the residents, who will make the appropriate referrals to specialists for specific health concerns.

Private homes are also not equipped to handle certain medical emergencies, which can cause you to feel anxious. You may worry that, in the case of an emergency, that an ambulance or medical help may take too long. In our suites there is a built in emergency alert system as well as CCTV security cameras and staff 24/7 to ensure that your loved one is safe and close to help at all times.

NURTURING A HEALTHY BODY AND MIND

It is as important to provide dementia sufferers with an environment where they have autonomy and respect as well as their essentials taken care of, such as proper nourishment and exercise. Often, when continuing to live at home, loved ones quickly succumb to loneliness and boredom as they do not have as much access to stimulation. In our care, your loved one will be encouraged to participate in daily exercise and be taken on outings or to appointments via our transport services.

Monitoring daily food intake in a care facility is far better for loved ones than relying on them to cater for themselves, as they sometimes forget to eat and their nutrition goes largely neglected. At Livewell we provide table service, freshly prepared cuisine, weight management and ensure that our residents are properly hydrated.

It can be incredibly difficult to manage your own life around that of your loved one, especially if you have a full-time job or a family to take care of. You may worry that they are not getting enough social interaction while being cared for from home. At Livewell spontaneous socialisation frequently occurs as residents form a close community, sharing meals and activities together.

If you would like to know more about life at Livewell for your loved one, please contact us.